

Sport

The BTEC Level 3 Extended Certificate in Sports Coaching is designed to develop the key knowledge, understanding and practical skills essential, within the sports industry. The aim of the course is to develop an understanding of: Careers in Sport and Active Leisure Industry, Health, Wellbeing and Sport and the key concepts involved in practically coaching in sport.

The BTEC Level 3 Diploma in Sports Coaching and Development broadens and expands upon the important notions and concepts introduced within the Extended Certificate. This course also explores: Applied Coaching Skills, Sports Development, Self-Employment in Sport and Physical Activity and Practical Sports Application. This course is ideal for anyone interested in a career in sport or the leisure industry.

ASSESSMENT and CONTENT

The National Extended Certificate is three units over two years, all of which are mandatory and is equivalent to one A Level. All three units are coursework assessed, one of which is a synoptic unit.

The units are:

- Careers in the Sport and Active Leisure Industry
- Health, Wellbeing and Sport
- Developing Coaching Skills

The National Diploma in Sport is seven units over two years, six units are mandatory and it is equivalent to two A Levels. All seven units are coursework assessed, two of which are synoptic units.

The six mandatory units are:

- Applied Coaching Skills
- Sport Development
- Self-Employment in Sport and Physical Activity
- Careers in the Sports and Active Leisure Industry
- Health, Wellbeing and Sport
- Developing Coaching Skills

Possible optional units (one will be selected) are:

- Practical Sports Application
- Sport Psychology
- Nutrition for Physical Performance
- Organising Events in Sports and Physical Activity

The course requirements...

Merit or higher in Level 2 BTEC Sport or Grade 5 or higher in GCSE PE. Also, a Grade 5 or higher in GCSE English and Science