1. Competitive Logs: as part of your GCSE practical marks you need to document evidence of competition in your selected sport(s).

These may be called upon as supporting evidence, for example a poor performance at moderation or to support a special consideration application for injury.

Directions. Backdate your Log for all of the fixtures you have played over the last year. Include club, school, county, academy information. Include any relevant information e.g. goals scored, assists, sub, and position etc.

2. Course work preparation: Data collection.

As part of your coursework you need to collect data of your performance. This needs to be completed on the 'GCSE PE Coursework: Data Collection Sheet'.

Ask a parent/friend to collect the data, whilst you are playing. Instructions are on the sheet, it's best to do this in a tally format.

3. Course work preparation: Getting to grips with each section.

You have/will be given a piece of exemplar coursework with sections missing. You have to read through each section to gain a good understanding of what is required and complete the necessary part labelled 'COMPLETE THIS SECTION' in bright green.

Bear In mind you need to complete this on behalf of a hockey player. Therefore you will need to read each section thoroughly to ensure your work is accurate.

4. The Big Picture.

It is always important to look into the big picture. Why are you studying specific information in class? Take a look at the big thinking document shared with you.