



## Y8 Cricket Team March On

The Y8 cricket team have been hard at it since half term playing six 20/20 cricket matches against a number of teams from Sutton & Surrey. The season started positively with a narrow 22-run defeat to highly fancied Reigate Grammar. After this we moved on to some friendlies and the all-important Surrey Plate. In their next 5 matches the boys bowled out their opponents in each game and were victorious against Rutlish, Coombe and Charter School. In between these games was a narrow loss to WCGS but the boys managed to learn from this and beat WCGS in the Surrey Plate semi-final and become the first team at the school to qualify for the final. Outstanding performances so far have been Harry Gardner's (Y7) 72 not out in the semi-final and also Max Lumber taking 12 wickets along the way. I will keep you updated with the time, date and location of the final in the coming weeks.

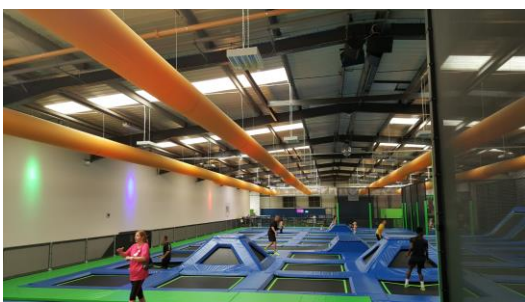


## Year 9 Sutton Supremo Reward Trip

On Friday 23<sup>rd</sup> June all 10 Sutton Supremo`s were rewarded with a trip to a trampoline park and an introduction to kayaking at the Lee Valley Centre. The trip was funded through the Jack Petchy Foundation, following Joe Watkins's award he received for his dedication and commitment to helping with sport within the community. All the supremo`s had a fantastic day and were given the opportunity to practice both gymnastic skills and learn how to kayak independently.

**Archie Alexander (Sutton Supremo)** expressed:

***"We have been volunteering throughout year 9 and were rewarded at the end of the year by going to Gojumpin and the Lee Valley centre where we took part in kayaking. We learnt how to get to point A and point B in a kayak by pulling the kayak towards us as close to the kayak as possible. We all enjoyed our day out and has been a good experience."***



Rico Brooks  
Joe Watkins  
Archie Parks  
Matthew Amanor-Boadu  
Jordi Alilo  
Patrick Sanches Barroso  
Connor Edney  
Spencer Travers  
Ryan Noonan  
Archie Alexander

## NCOP – Year 12 Coaches/Coachee Matching event

On Tuesday 27<sup>th</sup> June our Year 12 NCOP students were invited to Kingston University to meet their coaches. Following a training session two weeks ago, they were invited back to meet their personal coaches. The evening involved finding out a few more details about the coaching aspect of the project which will run next term and then meeting their new coaches. They spent the evening doing ice breakers, problem solving and building relationships with university ambassadors who will act as their coaches moving forward. The students really enjoyed the session and we all look forward to the next steps in the project.



## Sherwood Park Sports Day

The following students assisted with Sherwood Park sports day. The day entailed setting up the venue with the equipment ready for all the different stations. Each student was given a station to lead the students from Sherwood Park. The boys did a fantastic job leading their stations, they were able to help students with a range of individual needs. This was the last volunteer event for the year 9 Sutton Supremo`s this year. Please do congratulate the boys on their fantastic commitment to the programme and their continued dedication to supporting/ coaching sport within the community.

***The head teacher from Sherwood Park School send an email following the event expressing:***

***"Once again, thank you and your students for your lovely contribution to our Sports day. Everyone commented positively on how wonderful your students were and how our students enjoyed interacting with them.***

### **Year 8 (5 students)**

Ollie Green  
Barney Brown  
Omar El-Zeftawy  
Jacob Fontinelle  
Jason Quansah

### **Year 9- Sutton Supremo`s**

Rico Brooks  
Joe Watkins  
Archie Parks  
Matthew Amanor-Boadu  
Jordi Alilo  
Patrick Sanches Barroso  
Connor Edney  
Spencer Travers  
Ryan Noonan  
Archie Alexander

## University of Oxford trip - Thursday 22nd June

On Thursday 22nd June Annie White and I took 12 of our most able year 9 and 10 students to the University of Oxford for the day. After an early start we had a lovely train trip to Oxford, followed by a walk across the city to The Queen's College. At the college we were given a useful talk on Why University? Our students were very engaged and asked some relevant and insightful questions. We were then treated to lunch and a tour of the college, which really opened their eyes to what university life can be like and to some of the interesting traditions and quirks of Oxford. Later we had a little tour of some of the main buildings in Oxford and a visit to the Pitt-River Museum which was both interesting and unusual. The students were amazing ambassadors for our school and it was such a pleasure to spend the day with them. Each of them will have taken something from the day and some of them have really been inspired by their visit.

Lorna Ellis



## Year 8 students- support local primary school sports day

A total of 21 year 8 students supported two local primary sports days over the course of two days (Rushy Meadow and Hackbridge). The boys did a fantastic job, leading each sports day event. They received continuous positive feedback throughout both days from parents, staff and the Sutton School Partnership team. The boys were excellent role models for Carshalton Boys and hopefully many of these students will apply to become an official Sutton Supremo next academic year. Please congratulate the boys on their fantastic attitude and support with both of these events.

Miss Hendle

Max Lumber  
Shay Harbar  
Joe Turner  
Casey Best  
Alfie Bayles  
Tom Wilkins  
Alex Dunn  
Will Petchy  
Tom Beavis  
George Abbott  
Billy Mcloughlin  
Josh Jeffreys  
Jack Willard  
Dylan Waldon-Ferguson  
Toby Trevallion  
Joshua Joy  
Ollie Green  
Barney Brown  
Omar El-Zeftawy  
Jacob Fontinelle  
Jason Quansah

## Oxford Trip as part of the Futures programme

On the 20nd June, a group of five of us visited Queens College, at the University of Oxford as part of the Futures Oxbridge support programme. In the morning, we had a number of talks by representatives of both Oxford and Cambridge, including one in-depth talk about their respective application processes. Following on, we had workshops involving personal statement and an intriguing Q&A with the undergraduate students there. After lunch, we had a mock tutorial, which was a session where we were taught by academic tutors. I was a part of a Maths tutorial, which was interesting because it built upon my current knowledge from my studies. Despite the long day... it definitely informative and we all had a great time! **Alfred Tam, Futures Participant**

Let me know if you need any more info!

## Weekly Results

Year 8 Cricket - CBSC - 121/2 vs Wallington County Grammar School - 46 all out

## Upcoming Fixtures

| Date    | Sport and fixture information | Yr(s) | H/A  | Start  | Finish |
|---------|-------------------------------|-------|------|--------|--------|
| 6.07.17 | Cricket vs Rutlish            | 7     | Away | 2:00pm | 7:00pm |
| 6.07.17 | Cricket vs Glenthorne         | 8     | Home | 3:00pm | 6:00pm |

# Carshalton Boys Sports College

Café Menu 03.07.2017

|  | Monday  | Tuesday                | Wednesday                                 | Thursday   | Friday             |
|--|---|------------------------|---|--|--------------------|
| <b>Main Meal 1</b>   | Lasagne   | BBQ<br>Pork steak      | Chicken<br>pad Thai                       | Chilli<br>Dogs   | Beef<br>Burgers    |
| <b>Main Meal 2</b>   | Minute<br>Steaks  | Cajun<br>chicken       | Spiced beef<br>Wraps                      | Sticky<br>Wings  | Chicken<br>Wraps   |
| <b>Vegetarian</b>  | Macaroni<br>cheese  | Vegetable<br>Lasagne   | Potato, tofu &<br>spinach yellow<br>curry | Chick pea with<br>roasted peppers<br>on toasted pitta<br>bread | Vegetable<br>Tart  |
| <b>Fish Special</b>  |   | Catch of the<br>Day    |   |  |                    |
| <b>Potato</b>  | New<br>Potatoes   | Garlic new<br>Potatoes | Coconut<br>Rice                           | Cajun<br>Potatoes  | Chips              |
| <b>Vegetables</b>  | Courgettes &<br>Sweet corn  | Peas &<br>Beans        | Courgettes &<br>Peppers                   | Sweetcorn  | Bake<br>Beans      |
| <b>Food fact</b>   | <b>Tofu</b> is a good source of protein and contains all eight essential amino acids. It is also an excellent source of iron and calcium and the minerals manganese, selenium and phosphorous. In addition, <b>tofu</b> is a good source of magnesium, copper, zinc and vitamin B1. |                        |   |  |                    |
| <b>Pasta Bar/Grab<br/>&amp; Go Bar</b>   | Pasta<br>Bar  | Sausage &<br>Mash      | Pasta<br>Bar                              | Chicken &<br>Chips   | Pasta<br>Bar       |
| <b>Refuel 2</b>  | A selection of hot panini sandwiches<br>Hot food & drinks   |                        |   |  |                    |
| <b>Desserts</b>  | Jam<br>Slice  | Coconut<br>Slice       | Sticky sponge<br>Pudding                  | Mixed fruit<br>Crumble   | Assorted<br>Sweets |
| <b>Meal Deal £2.10</b><br>Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub |   |                        |   |  |                    |