



As some of you may already be aware from the 27th March to the 2nd April 2017 is National Autism Awareness Week. The PE department has decided to run disability awareness week in order to educate pupils on the range of different disabilities (both physical and mental) which people around the world live with day in day out. All pupils shall be taking part in a range of adapted sports in enrichment next week such as blind football, seated volleyball, curling, boccia and many more.



Why raise awareness of autism in your school?

At least 1 in 100 people in the UK have autism... so there are autistic people at your school, who you see every day. We know that indifference and hostility towards autistic people and their families leads to social isolation, mental illness and unhappy lives. But we also know that helping young people – and teachers – to understand autism as they grow up will equip them to accept and empathise with autistic people.

How teachers and students can get involved

- - Learn about autism and in fun, imaginative lessons, activities and assemblies that are level-specific.
- - Plan and take part in amazing fundraising activities.
- Help spread the word about why it's so important to understand and accept autism.

If you are free during enrichment next week, please feel free to come along to the sports hall/astro to see how to play or even take part.

Sutton supremo's support borough cycling championship

Last Thursday, seven year 9 Sutton Supremo Leaders supported the boroughs year 5 & 6 cycling championship. Sutton is one of the only London borough's to have British Cycling run such an event and was an fantastic opportunity for the leaders to put into practice skills they have learnt over recent months attending courses such as the Games Force Award. All seven leaders demonstrated fantastic leadership, communication and even stopped primary pupils from falling into a ditch when cycling the route. Please congratulate the boys on their commitments and development as a leader of within our local community. *Miss Hendle.*

Rico Brooks
Archie Parks
Joe Watkins
Matthew Amanor-Boadu

Jordi Alilo
Connor Edney
Spencer Travers

Maths Team Challenge



Tom King, Bertie Griffiths, Mathew Amanor- Boadu and Aston Steen were the four boys selected to represent Carshalton Boys at this year's regional Maths Team Challenge. The day was filled with thought provoking challenges, strategy based activities and very excited students from all over, running around to find clues. Our boys did us proud in their manners, their attitude and their resilience whilst engaging in some extreme problems up against the likes of Trinity, Whitgift school and all the grammar schools within Sutton. Our efforts unfortunately did not place us in the top three but the boys held their own and scored higher than Wallington County Grammar. Well done!



Rugby Festival

I took the following boys to a Rugby Festival yesterday at St Joseph's College. The competition had 6 schools (within South London). The lads won 3, drew 1, and lost 1, finishing 2nd overall. The boys played with so much heart and determination, winning a couple of games from losing positions, which was great to see! The boys technical play improved as the afternoon went on, winning the final 3 games, with a couple of the boys being scouted for local clubs/training days. If you see the boys around school, be sure to congratulate them for their efforts.

Lewis Clews (7S)
Dion Hajrizi (7P)
Oliver Pace (7N)
Seb Bassom (7S)
Archie Cook (7P)
Shai Keys (7F)
Liam Gent (7E)
Jamel Bedward (7E)
Kenny Muo (7E)
Beau Jorsling (7R)
Louis Lucas (7R)
Tishian Robinson (7F)
Harry Gardner (7P)

The Brilliant Club

On Tuesday, the 7th of March, myself and nine other keen student scientists in the school attended the King's College London. This trip was organised by **The Brilliant Club**, who endeavour to stretch and challenge some of the most intelligent and devoted pupils by delivering university style tutorials and providing those children with an insight to what life at university is truly like.

From an external point of view, it can be rather difficult to entirely gauge what is required to successfully apply for a highly selective university. Fortunately, this vague cloud of mystery was cleared by the dedicated **Brilliant Club Scholars Program** team.

The day began with a tutorial on cell migration from our King's PHD student. This was shortly followed by a tour of her very own laboratory. In the lab we were gifted with the chance to observe the molecular composition of sixty year old skin cells and a range of highly technical equipment. We were then given a tour of the campus and the day was concluded with an essay writing skills session.

Overall, the experience was astounding and not only did we leave with newly enhanced skill sets, but also with confidence, joy and enthusiasm.



Composition Workshops

We have been very lucky have a professional composer, Colin McIhagga, working with some of our high achieving GCSE music students over the last 2 weeks. He provided ideas, inspiration and helped the students to develop their work to a professional standard. Colin was very impressed with the overall quality of the students work and congratulated them on their fantastic creativity and music technology skills.



Royal College of Music Trip

GCSE music students from Year 10 visited the Royal College of Music last Friday to watch a dress rehearsal of the RCM production of the opera *Faramondo* by Handel. This was the first stage of an opera project which will culminate in the students composing and performing their own opera based on music of the Baroque period. The next stage will be a series of workshops with the composer in residence at the Handel House Museum, Hunter Coblenz, as well as working with musicians on composing the score and libretto.



NCFE Graphics Exam: 29th/30th March 2017

The following boys will not be in lessons next Wednesday and Thursday. They will be told to catch up on any missed work.

| | |
|----|----------------------|
| 11 | NIKITA BRASLAVSKIS |
| 11 | CALLUM MCKENZIE |
| 11 | MATT HOLNESS |
| 11 | JORDAN MUIRURI |
| 11 | JAKE SWEETMAN |
| 11 | GERRY JAMES PALMER |
| 11 | LUKE STEVENSON |
| 11 | JEEL PATEL |
| 11 | BAILY KEMP |
| 11 | OLIVER GRIFFITH |
| 10 | ROBBIE KEARNS |
| 10 | RILEY MILBURN |
| 10 | JOSH OLDALE |
| 10 | SARUJAN NARESH KUMAR |
| 10 | BONHAM VINCE |
| 10 | YAKUB ZAADANE |
| 10 | LEO MASSEY |
| 10 | ANMOL PUN |
| 10 | KADE LIONEL |
| 10 | GEORGE KING |
| 10 | FAHIM SHANJI |
| 10 | BRANDON SUAZO |

Weekly Results

Year 7 Football – Greenshaw 3 vs 1 Carshalton Boys
Year 7 Rugby – Wilsons 5 vs 40 Carshalton Boys
Year 7 Rugby – Stanley Park 5 vs 40 Carshalton Boys
Year 7 Rugby – Kingsdale 5 vs 5 Carshalton Boys
Year 7 Rugby – Quest 0 vs 20 Carshalton Boys
Year 7 Rugby – St Joseph 10 vs 15 Carshalton Boys
Year 7 Rugby – Bishop Thomas Grant 10 vs 15 Carshalton Boys
Year 9 Rugby – Wilsons 15 vs 14 Carshalton Boys
Year 9 Football – Richard Challoner 1 vs 4 Carshalton Boys
Year 11 Football – Wallington Boys 1 vs 2 Carshalton Boys (AET)
Crystal Palace Foundation – Crystal Palace Foundation 6 vs 2 Crystal Palace Foundation

Upcoming Fixtures

| Date | Sport and fixture information | Yr(s) | H/A | Start | Finish |
|----------|-------------------------------|-------|------|--------|--------|
| 28.03.17 | Rugby vs Kingsdale | 8 | Away | 1:00pm | 4:30pm |
| 29.03.17 | Football Tournament @ Beacon | 8 | Away | 2:45pm | 6:30pm |

Carshalton Boys Sports College

Café Menu 27.03.2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---------------------------|--------------------------------|---------------------------|--------------------|
| Main Meal 1 | Beef Pie | Chicken in Szechwan Sauce | Garlic & Rosemary Roasted Beef | Fish & Chips | |
| Main Meal 2 | Pan seared Minute steaks | Beef Chow mein | Roast loin of Pork | Fish fingers Fish cake | Morning break Only |
| Vegetarian | Chick pea Bake | Stir fried Tofu | Red onion Tart | Pesto Pasta | |
| Fish Special | | Kedgerree | | | |
| Potato | Mash Potato | Special fried Rice | Roast Potatoes | Chips | |
| Vegetables | Peas & Beans | Sweetcorn & Courgettes | Roasted Vegetables | Baked Beans | |
| Food fact | Szechuan pepper is a key component of Chinese Five Spice . This spice blend is a good entrée into the world of Szechuan pepper, mingled as it is among friends. What are the other four spices? Fennel seed, star anise, cinnamon, and cloves. | | | | |
| Pasta Bar/Grab & Go Bar | Pasta Bar | Sausage & Mash | Pasta Bar | Chicken & Chips | Pasta Bar |
| Refuel 2 | A selection of hot panini sandwiches Hot food & drinks | | | | |
| Desserts | Syrup Sponge | Carrot Cake | Apple Crumble | Assorted Sweets | |
| Meal Deal £1.90 Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub | | | | | |