

Carshalton Boys Sports College Parent Bulletin

No. 20

This week is Gold Week

7th November 2016



Jamie Oliver Channel 4 Despatches



On Monday 31st October Mr Barber, accompanied by myself, Robert Damianou and Sam O'Brien went to Jamie Oliver's restaurant, Fifteen, to take part in a debate on Obesity. Obesity, in the UK, is an increasing problem and can lead to other health issues such as diabetes or heart disease. The point of the programme was to try and persuade Theresa May to listen and take action to prevent obesity. It was a really interesting experience and we all enjoyed the opportunity to take part.

Dylan Adjei- Hersey

FOR ONE NIGHT ONLY..... December 8th

Carshalton Boys Sports College Presents

- The Arts Faculty annual Christmas Market in the Café 3.30 - 5.30pm
- BUGSY!!! Presented by the Drama and Music Departments 6 - 7pm. Bar opens at 5.30pm

Tickets £2
Includes a free drink
No cost for Children under 10



Sports Fixtures Next Week

Year 10 Football v Stanley Park
Year 10/11 Rugby v St John Bosco
Year 9 Basketball v RC
Year 9 Football v Brentwood County High
Year 7 Football Sutton Cup v Glenthorne
Year 11 Football v St Thomas Apostle College
Year 7 National Cup v Tunbridge Wells
Year 8 Rugby v Woodcote
Year 9 Surrey Cup v Richmond Park Academy

Sutton Cross Country Championships

Yesterday, I took 14 pupils to take part in the Sutton Championships of arguably the most gruelling of sports = Cross Country! We had a team entered for each of the year 7, 8/9 and 10/11 age group categories. All the lads gave 100% and can be proud of their performances. Special mentions go to Quincy Ajao (7C) who came 12th, Elliot Brandon (10R) 8th and Shaydon Bayley (10P) 9th. Elliot and Brandon both qualified for the Surrey Championships in January and they still have one year left in that age group, awesome effort! If you see these boys and everyone else who ran, can you commend them on their efforts.



Christmas Competition!



Your tutor group has the chance to win a pizza lunch!

All you need to do is read as many books as you can and take the quiz!

Get collecting those points for your team!

Winners will be announced in the last week of term

LET
THE
CHRISTMAS
READING
BEGIN!



Sports Scores

Basketball U15 (year 10)- Carshalton Boys **41** VS **37** Archbishop Tennison

Football Year 9B- Carshalton Boys **10** VS **0** Kingslangley

Football Year 8A- Carshalton Boys **11** VS **2** George Abbot

Year 10 & 11 Basketball Team

On Wednesday night students from the year 10 & 11 basketball team attended the London Lions VS Surrey Scorchers basketball fixture at the Cooper Box Arena at the Queen Elizabeth Olympic park. The trip ran in conjunction with the recent basketball referee and table official course they attended in September. The boys used this trip as an opportunity to improve their understanding of how to officiate and table official basketball game. The boys managed to meet a few of the players following the game and share a few dance moves of their own, which entertained the volunteer stewards at the arena. Fantastic evening, I look forward to seeing the boys in action for up and coming games!



Carshalton Boys Sports College

Café Menu 07.11.2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Chicken tikka Masala	Kofta Kebab	Roast Beef	FISH & Chips	Spicy meatballs
Main Meal 2	Steak & Vegetable pie	Sausage Plait	Honey roast Ham	Fish cakes / Fish fingers	BBQ Ribs
Vegetarian	Chick pea Curry	Vegetable Lasagne	Stuffed Mushroom	Spanish Omelette	3 cheese Ravioli
Fish Special		Spicy tuna Steak			
Potato	Savoury Rice	New potatoes	Roast Potatoes	Chips	Savoury Rice
Vegetables	Courgettes & Carrots	Green beans & peas	Assorted Vegetable s	Baked Beans	Sweetcorn & Peas
Food fact	We serve over 1250 breakfast a week in the café				
Pasta Bar/Grab & Go Bar	Pasta Bar	Sausage & Mash	Pasta Bar	Chicken & Chips	Pasta Bar
Refuel 2	A selection of hot panini sandwiches Hot food & drinks				
Desserts	Cherry Sponge	Coconut Cake	Apple crumble	Fruit slice	Assorted sweets
Meal Deal £1.90 Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub					