Carshalton Boys Sports College Parent Bulletin

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Year 10 Exams

It has been a busy week for Year 10 who have been taking part in End of Year Exams in most subjects.

On Wednesday afternoon, the DT Department ran a Product Design Walking/ Talking Mock.



Sam's Rainbow Memorial Cup

Saturday saw a special day shared in memory of Sam Hargreaves by over 400 people. The day was excellently organised by Sam's family who deserve huge credit. The day started after a horrendous thunderstorm with a CBSC student 11 playing Sutton Common Rovers under 16's. All the boys involved in the game were awesome playing some good football and showing outstanding humility throughout an emotional day. Goals from Mitch Moser and Sam Brown saw CBSC 11 came out 2-1 winners. The more important game of the day saw CBSC and Brompton Select side take on Sutton



Common Rovers 11. The game saw an entertaining 9-4 victory for the CBSC and Brompton Boys. Some outstanding goals were scored in the game but the most poignant goal was scored from the penalty spot by Mark Hargreaves who unveiled a t shirt in honour to his son.

Thank you to everyone for playing and showing your support. It is very much appreciated. #Forever7

National School Sport Week 2016

The 20-24th June 2016 is National School Sport Week. The aim of the week is to encourage our pupils to be more active and take part in more PE and school sport. It will help to raise the profile of sport and to encourage our students to try out a whole range of different sports they may never have tried. More sport and activity = healthier happier young people!

Here are just some of the activities the PE department will be running next week:

- Inter tutor competitions
- New sports in PE lessons
- Borough Sports Athletics
- · Penalty Shoot out
- Keepy Up Competition
- New Sports Taster Sessions
- Disability Sports Taster Sessions
- Tutor Time Sports guizzes/ activities.
- Diet/ Nutrition workshops.



U15 National Handball Champions!!!

The U15 Handball team reached the pinnacle of the sport during the weekend just past, becoming the first team in Carshalton history to win a national handball title. Starting out the competition in October with 1200 other schools the finals day looked a long way off but that didn't deter the boys. Having beaten 2 national finalists during the London rounds the boys were confident going into the finals in front of a big crown at the fantastic University of Worcester arena.

Having trained hard over the past few months the boys hit the ground running winning their first 3 games comfortably against Dover Academy, Purbeck



School and Cardinal Griffin conceding only 4 goals in the process. Next up were Parrs Wood School who after 3 big wins in their first games, a massive score difference and allegedly 2 of the best players in the competition were put down as favourites. This though was soon dispelled as a slight change of tactics saw CBSC keep the only clean sheet of the weekend grinding out a 2-0 win and confirming the promise they had shown.

This was followed by a quick win against Carlton Academy and a draw against eventual 3rd place team Bromfords School, Essex to maintain their unbeaten record. This meant a rematch in the finals against Parrs Wood and following some last minute words of advice there was only going to be one winner. The boys dominated the final winning 6-1 in the end and celebrated in front of a large crowd containing plenty of home supporters who made the 300 mile round trip.

The team have been unbeaten all season, conceded only 11 goals in 7 games at the finals day and drew accolades from everyone in attendance. The boys were quoted as being the most professional, well organised and focussed team to win both the London finals and the National Cup as well as playing the best brand of handball seen to date.

Next up is the London Youth Games this Sunday where they represent Sutton and then the U16 County Championships in October.

Brendan Earley & Mark Hawkins

CBSC Swimming Gala

On Monday CBSC held our annual swimming gala at Cheam Leisure Centre. There was a great turn out from pupils in years 7, 8 and 9 which led to some really exciting races. Overall it was a hugely successful and entertaining evening, thank you to everyone who supported. PE Department x



Year 8 Football Reports.

Barcelona Tour 2016.

Over May half-term myself, Jonny, Joe and Noel took 32 year 8 students on a football tour to Barcelona. Over the course of the trip the boys were able to experience different Spanish culture through visiting the local town and markets, also acquitting themselves against Spanish footballing opposition in three games. As well as this they visited the Famous Camp Nou Stadium, home of FC Barcelona and spent a day at the nearby Water World waterpark.



The football itself was a real test for the boys due to the hot weather, with our opponents obviously used to playing in the conditions. In the first game against CF Lloret the B-Team started with a 4-0 victory, the goals coming from Connor Moody 2, Sahail Ariyaee and Finley Loizou. In the second game the A-Team matched the B-Team score also winning 4-0, the scoring started off with a stunning volley from Dylan Adjei-Hersey which was 1 of two scored by the striker, other goals were scored by Teddy Price and Sol Headley.

After the boys had toured the Nou Camp stadium they made their way to the second game against Fundacion Marcet, whose pitch ironically overlooked the famous stadium of FC Barcelona. In the blistering midday heat the B-Team again kicked off proceedings and after starting well eventually succumbed to a 5-0 defeat, every player absolutely running themselves into the ground. Next up was the turn of the A-Team, in what was a pretty feisty affair with some strong tackles being dished out the Swans let their football do the taking and ran out 5-0 winners. Matthew Amanor-Boadu opened the scoring with a stunning 30 yard strike, followed by a brace from Archie Parks and one each for Kyle Louis and Charlie Walters.

Onto the final day and after spending the day at the Waterpark the party then made their way to the final set of fixtures against Girones Sabat. In the first game the A-Team played the first half establishing a 3-1 advantage for the B-Team to take into the second half, the goals coming from Kyle Louis, Teddy Price and a cheeky lobbed finish from just inside the opponents half from Adjei-Hersey. In the second half Sabat pulled two back to make it 3-3 and just when it looked like a draw would be the end result Finley Loizou popped up with the winner to give the Swans the win. The second game saw the boys take on boys from an older age group meaning they were technically and physically more developed. The A-Team played the first half giving a really good account of themselves with the Sabat keeper impressively keeping out Adjei-Hersey and Amanor-Boadu on occasions. Sabat scored two goals from two set pieces to take a 2-0 lead into the break, on another day the Swans chances would have gone in and they would have found themselves level if not in front. Into the second half and the intensity of the tour as well as the day spent at the water park meant a lot of tired legs in the B-Team side, they battled hard and worked their socks off but Sabat scored another 5 without reply. On the coach back to the hotel the boys were completely knackered a pit stop at KFC in which 8 bargain buckets were purchased was a much needed re-fuel session and a pleasant way to end the tour.

Over the course of the tour the boy's behaviour and attitude was first class. It was an absolute pleasure to take them away. They way in which they represented the school shows what mature, honest young men there are within the year group. All week they were laughing, joking and having an all-round great time with their friends and I'm sure they enjoyed it just as much as we did. I would like to thank Jonny, Joe and Noel for giving up their half-term break to accompany myself with the tour and for all their efforts whilst we were away.

To finish we gave out some end of tour awards in which the winners are detailed below:



A-Team Player of the Tour- Sam Tutt B Team Player of the Tour- Keith Hall Goal of the Tour- Matthew Amanor-Boadu Wally of the Week- Connor Edney Ladies' Man of the Tour- Teddy Price Legend of the Week- Joe Watkins Lad of the Week- Big D (Dazz Deeley)

Danny

London Cup Final.

Football experts say that winning a trophy is extremely difficult, but being able to retain it is an even bigger achievement, but that is exactly what the Year 8 Football team did last Friday (10/6/16) by winning the London Cup for the second consecutive year. After making history last season by becoming the first Carshalton Boys team to win the London Cup since the schools existence, the boys have tasted

yet more success in this season's competition.



The game itself was played at West Ham United FC's community ground in East London, against opponents Chingford Foundation Academy. The game started at a steady pace with both teams trying to get used to the heat and surface, the big pitch looking like it would suit the boys in yellow. Once the game settled Carshalton started to take control, with Dylan Adjei- Hersey, Jordi Alilo, Archie Alexander and Teddy Price all testing the Chingford keeper. Carshalton were looking strong in possession and the back four were mopping up everything that came their way. The breakthrough came in the 25th minute, Adjei-Hersey latched onto a ball forward and after holding off the defender struck a firm shot at

goal, it looked like the keeper had done enough to keep the ball out but the ball squirmed under his body and trickled across the line for 1-0 to the Swans. Carshalton then saw the half out well, keeping possession and playing the channels taking a slight 1-0 advantage into the break.

If the first half was a relatively tight affair like most cup finals are, the second was a completely different story, with the swans completely taking control of the game from the whistle. Within two minutes Carshalton had extended their lead, after a scramble in the box Jordi Alilo turned the ball home for 2-0 to the swans. Two minutes later it was 3-0, Adjei-Hersey with the simplest of finishes after Matt Amanor-Boadu pulled the ball across the face of goal. On the game went and Carshalton were in full control, Adjei-Hersey won a free-kick just inside the Chingford half, he picked himself up and quickly sprayed the ball out to Teddy Price on the left, Price whipped the ball into the box where it was met by Amanor-Boadu who headed home, 4-0 and Carshalton were not finished.

Chingford failed to clear a Carshalton corner with the ball eventually falling to skipper Sam Tutt, who's firmly struck shot was deflected home for 5. With Carshalton in cruise control the half went on with Chingford constantly on the back foot, the best Swans goal was definitely saved till last; a ball forward from defence was neatly cushioned by Sol Headley into the path of Adjei-Hersey around 30 yards from goal. The ball took one bounce before the Swans top scorer unleased an unstoppable right foot half-volley which dipped over the keeper into the top corner, completing his hatrick and in turn putting Car Boys 6-0 up, game well and truly over! In the last minute a Chingford counter attack saw their forward



brought down by Kyle Louis for a penalty, although keeper Billy Sturgeon went the right way he could not keep the ball out, 6-1 and a consolation for Chingford. This was practically the last kick of the game and the referee's full time whistle confirmed that Car Boys had not only won the London Cup, but had defended the trophy they had won at the same stage last year.

After the formalities it was left for Captain Sam Tutt to lift the Hammers Trophy and confirm a domestic league and cup treble for the Year 8 Team.

This season has again been a huge success for the team who have continued to go from strength to strength. The boys are due to join us for briefing this morning so please congratulate them when you see them. Thanks to all staff for their continued support in terms of letting the boys miss/leave lessons early

The Team: Billy Sturgeon, Kai Oscislawski, Archie Parks, Sam Tutt ©, Ryan Noonan, Jordi Alilo, Rico Brooks, Archie Alexander, Kyle Louis, Dylan Adjei-Hersey, Teddy Price, Matthew Amanor-Boadu, Charlie Walters, Bobbie Bowen & Sol Headley.

Danny Dudley.

Next Week's Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	lasagne	Chicken & Vegetable Pie	Car Boys Chicken Day	Fish & Chips	BBQ RIBS
Main Meal 2	Braised Steak	Chicken Biryani	Hot & spicy Mild mannered Meek & mild	Fish cakes Fish fingers	Chilli Burgers
Vegetarian	Chick pea Pitta	Quorn curry	Macaroni cheese	Vegetable tart	Four cheese Tortelloni
Fish Special		Cajun seared Tuna Steak			
Potato	Lyonaisse potato	New Potato or Rice	Sweet potato Mash	Chips	Potato Wedges
Vegetables	Green beans & Cabbage	Pea's & Courgettes	Assorted Roasted vegetables	Baked Beans	Sweetcorn & Peppers
Food in Season	Неі	e are some of the foo	ds in season being us	ed on this week's m	enu:
Pasta Bar/Grab & Go Bar	Pasta Bar	Chicken & Mash	Pasta Bar	Sausage & Chips	Pasta Bar
Refuel 1		Nacho Pots	Nacho pots		
Refuel 2	BBQ Wing				
Desserts	Apple Pie	Cherry Tart	Carrot Cake	Chocolate Sponge	Assorted Sweets
		Meal De	eal £1.90		

Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub